

Foundations of Dementia Care

Foundations of Dementia Care is presented in cooperation with the Wyoming Geriatric Education Center and the Alzheimer's Association. This course is for all levels of healthcare providers who work with patients with dementia. The curriculum has been developed by the National Alzheimer's Association and will be presented by specially trained staff from the Great Plains Alzheimer's Association. The program's purpose is to provide a practical and person-centered information session for direct care professionals who work in residential settings. The complete course is designed to enhance the quality of care provided to people with dementia.



Modules Covered:

- ✓ Basics About Dementia
- ✓ Enhancing Mealtime
- ✓ Improving Communications
- ✓ Reducing Pain
- ✓ Understanding Behaviors

Course Objectives

- Identify methods to ensure that staff provide person-centered care based on thorough knowledge of residents and their abilities and needs
- Identify ways that staff and available family can act as care partners while interacting with residents
- Prepare staff to use a flexible, problem solving approach to care designed to prevent problems before they occur
- Utilize good screening and preventive systems for nutritional care to avoid problems

- Identify methods to assure proper nutrition and hydration so that residents maintain their nutritional health
- Explore ways to promote mealtimes as pleasant and enjoyable activities
- Employ methods to ease the distress associated with pain and help a resident enjoy an improved quality of life
- Identify methods to treat pain as the "fifth vital sign"
- Design a pain management plan using techniques tailored to each resident's needs, circumstances, conditions and risks
- Utilize opportunities each day for providing a context with personal meaning, a sense of community, choices and fun
- Design interactions to do with—not to or for—the resident
- Review the need to respect resident preferences, even if the resident prefers solitude

**Registration
Begins at 8:15am**

**Lunch will be pro-
vided both days**



Nurses and other Healthcare professionals will receive 12 contact hours and Nursing Assistants will receive 10 contact hours. Other professionals should check with their licensing agencies to verify that this workshop will qualify as continuing education in their field.

For more information contact:
Jennifer Durer
Wyoming Geriatric Education Center
wygec@uwyo.edu
307-766-2829

**Also ask about the other 4 Spring
Found. of Dementia Care Trainings.**

Registration Form

Complete this form and send with
payment to:

Jennifer Durer
University of Wyoming
WY Geriatric Education Center
1000 E University, Dept 3432
Laramie, WY 82071

Name: _____

Company: _____

Address: _____

CSZ: _____

Phone: _____

E-mail: _____

Nurses & Other Healthcare Professionals ☐ \$60.00

Nursing Assistants, Family Caregivers ☐ \$35.00

Make Checks payable to: University of Wyoming

Registration deadline: March 7, 2008

Lunch will be provided both days.

To register for this workshop, choose from
the following two (2) categories:

1. Nurses & Other Healthcare Professionals
Fee — \$60.00
2. Nursing Assistants, and Family Caregivers
Fee — \$35.00

Location:
Laramie Community College
CCI Room 129
Cheyenne, Wyoming

About the Speakers:

Charlie Simoneo:

Charlie Simoneo is a Regional Long Term Care Ombudsman. Charlie has a bachelor's degree in Gerontology and an Executive Masters of Business Administration. He has worked as a nursing home administrator, Health Facility Surveyor and a manager for Wyoming Department of Health. Additionally, Charlie worked as a Regional Administrator for Nebraska Health and Human Services, and was a Regional Director for the Alzheimer's Association Great Plains Chapter. He has worked with elderly people for 35 years.

Brenda Mosher:

Brenda Mosher received her Bachelors of Science in Nursing in 1981 from the University of Wyoming. Since that time she has worked as a Public Health Nurse for State of Wyoming, performing home visits for Adult Health Maintenance, a Hospital-Community Nurse Coordinator for Veterans' Administration, coordinating community services for veterans leaving the inpatient facility in Lebanon, PA as well as a Home Health RN for Heart of the Rockies Regional Medical Center, providing home health nursing services in Salida, CO. In 1991, she became the owner and administrator of Interim HealthCare of Wyoming, Inc. In 2005, she became the administrator of Interim HealthCare of Wyoming, Inc.

Please Note:

- Participants must attend the entire workshop to receive credit
- Dress in layers as the room temp fluctuates.
- Send payment with registration form.
- Attendees requiring special accommodations or have dietary restrictions - please call 307-721-2829 in advance of the seminar they will be attending.

PRE-SORTED STANDARD
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OF WYOMING
Wyoming Geriatric Education Center
1000 E University Ave, Dept 3432
Laramie, WY 82071

Continuing Education

Spring 2008 **Foundations of Dementia Care**



March 12-13, 2008

8:30am-4:30pm

**Laramie County
Community College**
CCI Room 129

alzheimer's association®
Great Plains Chapter

